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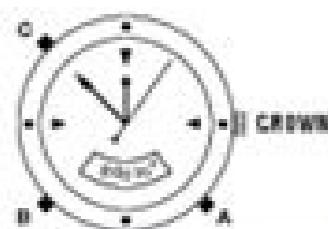


Armitron All-Sport

WATCH INSTRUCTIONS

T205 (5ATM)

20/1209, 20/1301BLU, 20/1387BLU, 20/1427BLU, 20/1441BLU, 20/1443BLU, 20/1451GMG, 20/1513BLU



FEATURES

- Conventional Analog Display with Sweep Second Hand
- Time Telling Mode (Hours, Minutes, and Seconds)
- Calendar Mode (Month, Date, and Day)
- 12/24 Hour (Military Time)
- 24 Hour Alarm
- Chronograph Mode with Lap Time to 1/100th of a Second
- Hourly Chime: One "Beep" sound every full hour
- Water Resistant as indicated on the watch

SETTING ANALOG TIME

- Carefully pull Crown out all the way and turn in either direction until second hand is displayed.
- Press C again. Crown click back in at the halfway to resume time keeping.

SELECTING DIGITAL FEATURES

- Press C to select.
- Press C again.
- Press C again.
- Press C again.
- Press C again to return to Time Telling Mode.

SETTING THE TIME

- Press C to select.
- Hold B for 2-3 seconds. Second hand begins to move.
- Hold B for another 2-3 seconds. Second hand stops.

NOTE: Drawing out 30 or more seconds will automatically set one minute to digital Time Telling.

- Press W. Minutes flash. Press A to advance the Minutes.

- Press W. Hours flash. Press A to advance the Hours.

12/24 HOUR (MILITARY) TIME

- Press W. "12" flashes to indicate 12/24 Hour Format Setting. Press A to advance. 24" flashes to indicate 24 Hour Format. Press A to agree to return to Time Telling Mode.

- Press W to end setting sequence and to return to Time Telling Mode.

SETTING THE CALENDAR

- From Calendar Mode, press and hold B for 2-3 seconds. Date flashes.
- Press A to advance the Date.
- Press W. Months flash. Press A to advance the Month.
- Press W. Day flashes. Press A to advance the Day.

- Press W to end setting sequence.

- Press C once to return to Time Telling Mode.

SETTING THE ALARM

- From Time Telling Mode, press C once to obtain Alarm Mode.
- Press and hold B for 2-3 seconds. Alarm Hours flash. Press A to advance the Hours.
- Press W. Alarm Minutes flash. Press A to advance the Minutes.
- Press W to end setting sequence.

- Press C three times to return to Time Telling Mode.

ACTIVATING/DEACTIVATING 24 HOUR ALARM

- From Time Telling Mode, press C once to obtain Alarm Mode.
- Press A to obtain Alarm Mode.
- Alarm symbol appears on the left side of the display to indicate the Alarm is activated and will sound at the present Alarm Time for 20 seconds or until any button is pressed.

- Press W to deactivate the Alarm.

- Press C three times to return to Time Telling Mode.

ACTIVATING THE ALARM AND HOURLY CHIME

- From Time Telling Mode, press and hold A at the same time, press W. Hourly Chime symbol appears on the left side of the display to indicate the Hourly Chime is activated and will sound every hour on the hour.
- Repeating above procedure to deactivate Hourly Chime.

CHRONOGRAPH

- From Time Telling Mode, press C twice to obtain the Chronograph Mode.
- Press C to begin timing.
- Press A to stop timing.
- Press B to reset to zero.

LAP TIME

- To calculate a competitor's lap time, press A to begin timing.
- Press W. "12" flashes to indicate competitor's lap time. Internal counter begins counting.
- Press A to stop competitor's lap time.
- Press W. Competitor's elapsed time will be revealed.
- Press W again to reset to zero.

- Press C twice to return to Time Telling Mode.

WATER RESISTANCE

This is a water resistant (WR) watch. Do not operate the push buttons below the surface of the water. Should water or condensation appear in the water, immediately have the watch checked. Water can corrode electronic parts inside the case.

CHARGING THE BATTERY

Charge the battery when the watch becomes slow, the red dot calendar does not appear, or the background lighting begins dimming. Do not charge the watch while its polarity so that the new memory is restored in exactly the same way. Replace with same or equivalent only. This watch contains precision electronic components and should only be opened by a qualified watch technician however, it is not necessary to return your watch to the manufacturer for battery replacement. It is recommended that you bring your bracelet to a local jeweler.

Dear Customer:

Keep your watch/jewelry retailer protected our environment by properly recycling the button cell battery in your watch. Professional jewelers and watch retailers are best equipped to replace the battery in your watch without damage to the watch case and movement inside. They have the specialized tools and experience to do the job right. Please take your old watch/jewelry case and exchange the water resistant seal - visiting your warranty.

It is important to recycle your watch/jewelry in an environmentally safe way. Watch batteries contain very small amounts of mercury, which is required to prevent corrosion of the internal contacts. If you do not want to do danger to you or your watch remove the mercury because it is in the sealed battery. But you need to recycle your watch/jewelry properly. Your professional watch/jewelry retailer is the best person to do this for you. These professionals conduct used batteries and recycle them through licensed waste management companies.

On our environment and your watch a "hazard" sign your watch/jewelry professional to replace your battery when it expires.



Armitron® WATCH INSTRUCTIONS

M296-M298, 45/6851BLK, 45/6853DKB, 45/6855BLU, 45/6857, 45/6859, 45/6861, 45/6867SIL, 45/6901LAV, 45/6883



FEATURES

- Time Telling Mode (Hours, Minutes, Seconds and Day of the Week)
- Calendar Mode (Month and Date)
- 24 Hour Mode: Seconds to 20 press the Alarm Time or until any button is pressed
- Chronograph Mode: Hours, Minutes, Seconds and 1/100th of a Second with Lap/Split Operation
- Hourly Chime: Once "Beep" sound every full hour
- 12/24 Hour/Military Time
- Electronic Calendar
- Water Resistant as indicated on the watch
- INSTALITE® - Electro Luminescent Display

PLEASE REFER TO CORRESPONDING DISPLAY MODEL AND BUTTON OPERATION.

SELECTING FEATURES

1. Time Telling Mode displays Hours, Minutes, Seconds, and Day of the Week.
2. From Time Telling Mode, press and hold **C**, then **A**. The Month and Date are displayed. Press **B** again to return to Time Telling Mode.
3. From Time Telling Mode, press **B**, then **C**. The Day of the Week appears. Press **B** again to return to Time Telling Mode.
4. From Chronograph Mode, press and hold **B** for two seconds. The Month appears. Press **B** twice to return to Time Telling Mode.

12/24 HOUR (MILITARY) TIME

1. From Time Telling Mode, press and hold **D**. Press **B** simultaneously to select either 12 Hour or 24 Hour (Military) Time.

NOTE: "H" indicates 12 Hour Time is selected.

2. Release **C** to return to Time Telling Mode.

EUROPEAN CALENDAR

1. From Time Telling Mode, press and hold **C**. Press **D** simultaneously to select either the US Calendar or the European Calendar.
2. Release **C** to return to Time Telling Mode.

INSTALITE® NIGHT VISION DISPLAY

1. Press **A** in any mode to illuminate the watch face. The backlight will remain lit for 2 to 3 seconds.

NOTE: EXCESSIVE USE OF THE BACKLIGHT WILL SHORTEN BATTERY LIFE.

SETTING THE ALARM

1. From Time Telling Mode, press and hold **C**. Press **D** to advance the hours. Hold **B** for two seconds. Press **B** again. Press **B** again. Seconds to 20 press the Tuesday Indicator flash. Press **D** to advance the Alarm Hour.
2. Press **B** twice to end set sequence and to return to Time Telling Mode.

ACTIVATING THE ALARM AND HOURLY CHIME

1. From Time Telling Mode, press and hold **D**. Press **C** to advance the minutes. Press **B** again to activate the Hourly Chime. "CHIME" appears to indicate the Hourly Chime will sound every hour on the hour.
2. Press **C** again to deactivate the Alarm. The Alarm symbol appears to indicate the Alarm will sound at the preset Alarm Time.
3. Press **B** again to deactivate the Hourly Chime.
4. Press **C** again to deactivate the Alarm.
5. Release **D** to return to Time Telling Mode.

WATER RESISTANCE

- This is a WATER RESISTANT watch. Do not operate the watch under water. If water comes in contact with the surface of the watch, it could cause water or condensation appear in the watch; immediately have the watch checked. Water can corrode electronic parts inside the case.

CHANGING THE BATTERY

- Change the battery when the watch becomes slow, the readout darkens or does not appear, or the backlight fails. Before removing the old battery, be sure to denote its polarity so that the new battery is installed in exactly the same position. Use a standard 3V SR621SW battery only. This watch contains precise electronic components and should only be opened by a qualified watch technician. However, it is not necessary to return your watch to the manufacturer for battery replacement; it is recommended that you bring your timepiece to a local jeweler.

Customer:

- Help your watch/jewelry retailer protect our environment by properly recycling the button cell battery in your watch. Professional jewelers and watch retailers are best equipped to handle the disposal of your old battery. They have the specialized tools and experience to do the job right. Inexperienced people can scar the case and damage the watch when attempting to remove the battery.

- It is important to recycle your watch battery in an environmentally safe way. Watch batteries contain very small amounts of mercury, which is required to prevent corrosion of the internal contacts. There is no danger to you or your watch from the mercury because it is in the sealed battery. But you need to recycle your watch battery properly. Your professional watch/jewelry retailer has the knowledge and tools to safely collect used batteries and recycle them through licensed waste management companies.

- Do our environment and your watch a favor. Ask your watch/jewelry professional to replace your battery when it expires.

LAP/SPLIT OPERATION

- The LAP Chronograph allows the user to view the elapsed time for a particular interval.

- The SPLIT Chronograph allows the user to view the total accumulated time and the current interval, while the internal stopwatch continues to accumulate total time.

1. While in the Chronograph Mode, press **C** to start timing.

2. Press **D** to read the first lap time.

- NOTE: The Sunday, Thursday and Saturday indicators flash while the internal Chronograph continues to count.

3. Press **C** again to stop timing.

4. Press **D** to read the second lap time.

5. Repeat above procedure to SPLIT time.

6. Press **C** to stop timing at the end of the event.

- NOTE: The Sunday, Thursday, Friday and Saturday indicators flash.

7. Press **D** to read the final lap time.

8. Press **C** again to reset to zero.

- NOTE: The Chronograph Mode is less than 40 minutes. Minutes, Seconds and 1/100th of a Second are displayed. When the Chronometer time is greater than 40 minutes, Hours, Minutes and Seconds are displayed.

9. Press **B** to return to Time Telling Mode.

CHRONOGRAPH

1. From Time Telling Mode, press **B** once to enter the Chronograph Mode.

2. Press **C** to start timing.

3. Press **C** again to stop timing.

4. Press **D** to read to zero.

5. Press **C** to start timing again.

6. Press **D** to read the current time.

7. While in the Chronograph Mode, press **C** to stop timing.

8. Press **D** to read the final time.

9. Press **C** to stop timing again.

10. Press **D** to read the final time.

11. Press **C** to stop timing again.

12. Press **D** to read the final time.

13. Press **C** to stop timing again.

14. Press **D** to read the final time.

15. Press **C** to stop timing again.

16. Press **D** to read the final time.

17. Press **C** to stop timing again.

18. Press **D** to read the final time.

19. Press **C** to stop timing again.

20. Press **D** to read the final time.

21. Press **C** to stop timing again.

22. Press **D** to read the final time.

23. Press **C** to stop timing again.

24. Press **D** to read the final time.

25. Press **C** to stop timing again.

26. Press **D** to read the final time.

27. Press **C** to stop timing again.

28. Press **D** to read the final time.

29. Press **C** to stop timing again.

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85. Press **C** to stop timing again.

86. Press **D** to read the final time.

87. Press **C** to stop timing again.

88. Press **D** to read the final time.

89. Press **C** to stop timing again.

90. Press **D** to read the final time.

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